

** In our present warfare against the spiritual forces of darkness in our addictions, we are instructed to put on the Belt of Truth:*

**The Belt secures the breastplate tight around the soldier.it was tied in several places to keep the breastplate from shifting no matter how the soldier moved about. it basically held the armour together, it also holds a sheath for the sword, along with several loops to hold other practical items such as rope, rations, water etc...*

Ephesians 6:14 (AMP) ¹⁴ Stand therefore hold your ground, having tightened the belt of Truth around your loins and having put on the breastplate of righteousness.

**The Truth(s) the belt is securing, tying and holding together:*

**God is The True God:*

Jeremiah 10:10 (NKJV) ¹⁰ But The LORD is the True God, He is the living God, and an everlasting King: at His wrath the earth shall tremble, and the nations shall not be able to abide His indignation.

John 17:3 (KJV) ³ And this is life eternal, that they might know Thee The only True God, and Jesus Christ, whom thou hast sent.

**God is truth:*

Deuteronomy 32:4 (NKJV) ⁴ He is the Rock, His work is perfect; For all His ways are justice, A God of truth and without injustice; Righteous and upright is He.

Psalms 31:5 (KJV) ⁵ Into thine hand I commit my spirit: thou hast redeemed me, O LORD God of truth.

**All God`s work is done in Truth:*

Psalms 33:4(NKJV) For the word of the LORD is right, And all His work is done in truth.

**God`s Truth is enduring and everlasting:*

Psalms 100:5(NKJV) For the Lord is good, His mercy is everlasting , and His truth endures to all generations.

Psalms 146:5-6 (NKJV) ⁵ Happy is he who has the God of Jacob for his help, Whose hope is in the LORD his God,⁶ Who made heaven and earth, The sea, and all that is in them; Who keeps truth forever,

**Jesus is The Truth:*

John 14:6(NKJV) ⁶Jesus said to him, “I am The Way, The Truth, and The Life. No one comes to the Father except through Me.

**Jesus Christ came to bear witness of the one True God:*

1 John 5:20 (NKJV) ²⁰ And we know that the Son of God has come and has given us an understanding, that we may know Him who is True; and we are in Him Who is True, in His Son Jesus Christ. This is the True God and eternal life.

John 1:14 (KJV) ¹⁴ And the Word was made flesh, and dwelt among us, and we beheld his glory, the glory as of the only begotten of the Father, full of grace and truth.

**The new covenant of grace and truth came through Jesus Christ:*

John 1:17 (NKJV) ¹⁷ For the law was given through Moses, *but* grace and truth came through Jesus Christ.

John 18:37(NKJV) ³⁷ Pilate therefore said to Him, “Are You a king then?” Jesus answered, “You say *rightly* that I am a king. For this cause I was born, and for this cause I have come into the world, that I should bear witness to the truth. Everyone who is of the truth hears My voice.”

**Holy Spirit is Truth:*

1 John 5:6 (AMP) ⁶ This is He who came through water and blood; His baptism and death, Jesus Christ; not by the water only, but by the water and the blood. It is the Holy Spirit who testifies, because The Spirit is the Truth; He is the essence and origin of truth itself.

John 14:15-17a (NKJV) ¹⁵ “If you love me, keep my commands. ¹⁶ And I will ask the Father, and he will give you another advocate to help you and be with you forever; ^{17a} the Spirit of Truth.

**Holy Spirit of Truth testifies of Jesus Christ:*

John 15:26 (NKJV) ²⁶ “But when the Helper comes, whom I shall send to you from the Father, The Spirit of Truth who proceeds from the Father, He will testify of Me. Reference 1John 5:7-8

The Holy Spirit of Truth guides us into all truth:

John 16:13 (NKJV)¹³ However, when He, The Holy Spirit of Truth, has come, He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come.

**The Word of God is Truth:*

Psalm 119:160 (KJV)¹⁶⁰ Thy word is true from the beginning: and every one of thy righteous judgments endureth forever.

John 17:17 (NKJV) Sanctify them by Your truth. Your word is truth.

**We receive new birth; salvation and become children of God by God`s will through The Word of Truth:*

James 1:18 (AMP)¹⁸ It was of God`s own will that He gave us *new birth*; in our salvation as His children by The Word of Truth, so that we would be a kind of first fruits of His creatures [a prime example of what He created to be set apart to Himself—sanctified, made holy for His divine purposes].

**The Word of truth will set you free:*

John 8:31-32 (NKJV)³¹ Then Jesus said to those Jews who believed Him, “If you abide in My word, you are My disciples indeed.³² And you shall know The Truth, and The Truth shall make you free.”

**We are stamped with the seal of the promised Holy Spirit when we heard the Word of Truth and believed in it:*

Ephesians 1:13 (AMP)¹³ In Him, you also, when you heard the word of truth, the good news of your salvation, and as a result believed in Him, were stamped with the seal of the promised Holy Spirit ,the One promised by Christ as owned and protected by God. Reference Ephesians 4:30

**We are sanctified by The Word of Truth:*

John 17:17 (NKJV)¹⁷ Sanctify them by Your truth. Your word is truth.¹⁸ As You sent Me into the world, I also have sent them into the world.¹⁹ And for their sakes I sanctify Myself, that they also may be sanctified by the truth.

**God`s instruction and practical application regarding the Truth:*

**Worship God in truth:*

John 4:24 (NKJV)²⁴ God is Spirit, and those who worship Him must worship in Spirit and Truth.”

**Rightly divide the Word of Truth:*

2 Timothy 2:15 (NKJV) ¹⁵ Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing The Word of Truth.

**Purify yourselves by obeying The Word of Truth:*

1 Peter 1:22 (NKJV) ²² Since you have purified your souls in obeying The Truth through the Spirit in sincere love of the brethren, love one another fervently with a pure heart.

**Be lead and taught by The Truth:*

Psalms 25:5 (KJV) ⁵ Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

**Secure and gird yourself in the truth:*

Proverb 3:3 (NKJV) let not mercy and truth forsake you, bind them around your neck, write them on the tablet of your heart.

**Speak truth:*

Ephesians 4:15-16 (NKJV) speaking the truth in love, that we may grow up in all things into Him who is the head-Christ-from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.

**Walk in truth:*

Psalms 86:11 (NKJV) teach me Your way, O Lord, I will walk in Your Truth, unite my heart to fear Your Name.

**Love in truth:*

1 John 3:18 (NKJV) ¹⁸ My little children, let us not love in word or in tongue, but let us love in deed and in truth.

**Work together as Fellow workers in the truth:*

3 John 1:8 (NKJV) we therefore ought to receive such, that we may become fellow workers for the truth.

**Continue on in the truth:*

John 8:31-32 (NKJV) if you continue in my word, then you are my disciple indeed, and you shall know the truth, and the truth shall set you free.

**Do not sell out the truth for anything:*

Proverbs 23:23 (NKJV) buy (into) the truth (invest, treasure, realize its priceless worth) and do not sell it (for anything! hang on to it with your very life.) also do the same with wisdom, instruction and understanding.

1.) *Are you fully invested in The truth?*

2.) *Are you selling yourself out in any area of your walk with Jesus Christ?*

**God`s instruction in dealing with those who oppose The Truth:*

2 Timothy 2:25 (NKJV) ^{25a} in humility correcting those who are in opposition, ^b if God perhaps will grant them repentance, ^c so that they may know the truth,

1.) *In vs.25a; How are we to correct those in opposition to The Truth?*

2.) *In vs.25b; Why are we instructed to correct in humility those who oppose the truth?*

3.) *In vs.25c; How can those who oppose the truth come to know and accept the truth?*

**A Warning from God regarding The Truth:*

1 John 2:4 (NKJV) ⁴ He who says, “I know Him,” and does not keep His commandments, is a liar, and the truth is not in him.

1 John 1:6 (NKJV) ⁶ If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth.

1 John 1:8 (NKJV) ⁸ If we say that we have no sin, we deceive ourselves, and the truth is not in us.

Hebrews 10:26-27 (NKJV) ²⁶ For if we sin willfully after we have received the knowledge of the truth, there no longer remains a sacrifice for sins, ²⁷ but a certain fearful expectation of judgment, and fiery indignation which will devour the adversaries.

**Some examples of truth in God's Word to bear in mind towards our addictive behavior:*

1 Peter 5:8 (NKJV) ⁸ Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

1 Corinthians 15:33 (NKJV) ³³ Do not be deceived: "Evil company corrupts good habits."

Proverbs 23:20-21 (NKJV) ²⁰ Do not mix with winebibbers, *Or* with gluttonous eaters of meat;²¹ For the drunkard and the glutton will come to poverty, And drowsiness will clothe *a man* with rags.

1 Corinthians 10:12 (NKJV) ¹² Therefore let him who thinks he stands take heed lest he fall.

Corinthians 10:21 (NKJV) ²¹ You cannot drink the cup of the Lord and the cup of demons; you cannot partake of the Lord's table and of the table of demons.

1 Peter 5:8 (NKJV) ⁸ Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

Proverbs 23:29-35 (NKJV) ²⁹ Who has woe? Who has sorrow? Who has contentions? Who has complaints? Who has wounds without cause? Who has redness of eyes? ³⁰ Those who linger long at the wine, Those who go in search of mixed wine. ³¹ Do not look on the wine when it is red, When it sparkles in the cup, *When* it swirls around smoothly;³² At the last it bites like a serpent, And stings like a viper. ³³ Your eyes will see strange things, And your heart will utter perverse things. ³⁴ Yes, you will be like one who lies down in the midst of the sea, Or like one who lies at the top of the mast, saying:³⁵ "They have struck me, *but* I was not hurt; They have beaten me, but I did not feel *it*. When shall I awake, that I may seek another *drink?*"

**Those who are without The Truth: will be identified with the devil/satan*

John 8:44 (NKJV) ⁴⁴ You are of *your* father the devil, and the desires of your father you want to do. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he speaks a lie, he speaks from his own *resources*, for he is a liar and the father of it.

**Those who are without The Truth; Will believe the lie of the anti-Christ and be condemned for eternity:*

2 Thessalonians 2:9-12 (NKJV) ⁹ The coming of the *lawless one* is according to the working of Satan, with all power, signs, and lying wonders, ¹⁰ and with all unrighteous deception among those who perish, because they did not receive the love of the truth, that they might be saved. ¹¹ And for this reason God will send them strong delusion, that they should believe the lie, ¹² that they all may be condemned who did not believe the truth but had pleasure in unrighteousness.

**Those who are without The Truth will experience the wrath of God:*

Romans 2:8 (AMP) but for those who are selfishly ambitious *and* self-seeking and disobedient to the truth but responsive to wickedness, there will be wrath and indignation.

Romans 1:18 (NKJV) ¹⁸ For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who suppress the truth in unrighteousness,