

One Step to Freedom Lesson 5 Chapter 2: Initial Restoration

A NEW WAY (*HABIT*) OF THINKING

Ephesians 4:23(KJV) ²³ **And be renewed in the spirit of your mind;**

**God encourages us to seek and set our minds on the things above (spiritual), rather than the things here on earth (physical):*

Colossians 3:1-2 (NKJV) **If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. ² Set your mind on things above, not on things on the earth.**

**God wants us to seek things for our eternal benefit, rather than a temporary fix.*

2 Corinthians 4:18 (NKJV) ¹⁸ **while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen *are* temporary, but the things which are not seen *are* eternal.**

1.) *Where else in scripture do we find things which are not seen?*

**God wants us to set our minds on and live according to the things of The Holy Spirit:*

Romans 8:5(AMP) ⁵ **For those who are *living* according to the flesh set their minds on the things of the flesh [which gratify the body], but those who are living according to the Spirit, set their minds on the things of the Holy Spirit ;God`s will and purpose.**

**God`s warning of the contrary outcomes of the mindset living according to the flesh, or the mindset living according Spirit:*

Romans 8:6 (NKJV) ⁶ **For to be carnally/*fleshly* minded *is* death, but to be spiritually minded *is* life and peace.**

Romans 8:13 (NKJV) ¹³ **For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.**

1.) *What is the common outcome of those who have a fleshly mindset and live according to that mindset?*

2.) *What is the common outcome of those who have a Spiritual mindset and live according to that mindset?*

**We can only know and understand what God has for those who love Him through The Holy Spirit: the works of the Holy Spirit.*

1 Corinthians 2:9-11 (NKJV) ⁹ But as it is written: “Eye has not seen, nor ear heard, Nor have entered into the heart/*mind* of man, The things which God has prepared for those who love Him.”¹⁰ **But God has revealed *them* to us through His Spirit. For the Spirit searches all things, yes, the deep things of God.** ¹¹ For what man knows the things of a man except the spirit of the man which is in him? **Even so no one knows the things of God except the Spirit of God.**

1.) *What are the things eye has not seen, nor ear heard, nor has entered into the heart and mind of man/woman?*

2.) *How does God reveal these things to us?*

3.) *What things does The Spirit search out?*

4.) *Who is the One Who knows the things of God?*

**The works of the Holy Spirit:*

Romans 8:27 (NKJV) ²⁷ Now He; God who searches the hearts knows what the mind of The Holy Spirit *is*, because He; The Holy Spirit makes intercession for the saints according to *the will of God*.

1.) *Who is The One Who searches the hearts?*

2.) *Who knows the mind of The Holy Spirit?*

3.) *What does the Holy Spirit do for the saints?*

4.) *How does The Holy Spirit make intercession for the saints?*

5.) *How does God know the mind of The Holy Spirit?*

** The works of the Holy Spirit:*

John 16:13 (NKJV) Jesus Christ speaking;¹³ However, when a.) He, The Holy Spirit of truth, has come, b.)He will guide you into all truth; c.) for He; The Holy Spirit will not speak on His own authority, d.) but whatever He hears from God He will speak; e.) and He will tell you things to come.

1.) *In vs.13a; What is The Holy Spirit called?*

2.) *In vs.13b; What does The Holy Spirit guide us in?*

3.) *In vs.13c; On Whose authority does The Holy Spirit speak? reference;John 15:26*

4.) *In vs.13d; What does The Holy Spirit speak?*

2.) *In vs.13e; To Whom does The Holy Spirit tell these things?*

**The works of The Holy Spirit:*

John 16:14-15 (NKJV) Jesus Christ speaking; ^{14a} He; (The Holy Spirit) will glorify Me; (Jesus Christ), b.) for He will take of what is Mine and declare it to you. ¹⁵ All things that the Father has are Mine. Therefore I said that He will take of Mine and declare it to you.

1.) *In vs.14a; What is the primary work/function of The Holy Spirit?*

2.) *In vs.14b; How does The Holy Spirit perform this primary work?*

3.) *In vs.15; Where do the things Jesus claims are his come from?*

**Selah:*

John 4:24 (NKJV) ²⁴ God is Spirit, and those who worship Him must worship in spirit and truth.

**In order for God's Spirit to work and to help us do this, we need to be disciplined and obedient to God's will in our lives. Our old man does not die easily.*

** WHAT WE SHOULD BE THINKING ABOUT IN THE NEW MAN/WOMAN WAY/HABIT OF THINKING :*

**Thinking about God first and foremost:*

Mark 12:30 (KJV) ³⁰ And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.

**Thinking like Jesus Christ:*

Philippians 2:5-8(NKJV) ^{5a} Let this mind be in you which was also in Christ Jesus, ⁶ who, being in the form of God, did not consider it robbery to be equal with God, ⁷ but made Himself of no reputation, taking the form of a bondservant *and* coming in the likeness of men. ⁸ And being found in appearance as a man, He humbled Himself and became obedient to *the point of* death, even the death of the cross.

1.) *What do you think vs.6 means?*

2.) *In vs.7; what was Jesus` mindset?*

3.) *In vs.8a; What 2 attributes did Jesus portray in His mindset?*

4.) *What was the final purpose of Jesus mindset?*

**Setting our minds on and thinking about God's Word to provoke the new way of thinking:*

Hebrews 4:12 (KJV) ¹² For the word of God is quick, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

Psalms 119:48b(KJV)⁴⁸ I will meditate in thy statutes.

1.) *What is a statute?*

Psalms 119:97 (NKJV) ⁹⁷ Oh, how I love Your law! It is my meditation all the day.

Psalm 119:148 (NKJV) ¹⁴⁸ My eyes are awake through the *night* watches,
That I may meditate on Your word.

Psalm 119:15 (NKJV) ¹⁵ I will meditate on Your precepts, And contemplate Your ways.

1.) *What is a precept?*

**Recalling and Keeping in mind to provoke the new way of thinking; God`s mercy, compassion and faithfulness:*

Lamentations 3:21-23(NKJV) ²¹ This I recall to my mind, therefore have I hope.^{22a} It is of the LORD's mercies that we are not consumed, b.) because his compassions fail not.^{23a} They are new every morning: b.) great is thy faithfulness.

1.) *In vs.21; What does recalling to mind God`s mercies, compassion and faithfulness give us?*

2.) *In vs.22a; What is the benefit to us of Gods mercies?*

3.) *In vs. 22b;What are the Lord`s mercies grounded in?*

4.) *In vs. 23a; What is stated about God`s mercy*

5.) *In vs. 23b; What does the writer of this scripture proclaim about God and His mercies?*

**Recalling and Keeping in mind to provoke the new way of thinking; The great work God has done to deliver you from the old man/woman days and the old/woman man ways:*

Psalm 143:5 (NKJV) ⁵ I remember the days of old; I meditate on all thy works; I muse on the work of thy hands

**Recalling and Keeping in mind to provoke the new way of thinking; God`s thoughts toward us:*

Jeremiah 29:11(KJV) ¹¹ For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.

1.) *What is the expected end referring to?*

**Recalling and Keeping in mind to provoke the new way of thinking; God`s intended purpose for us:*

Romans 8:28 (NKJV) ²⁸ And we know that all things work together for good to those who love God, to those who are the called according to *His* purpose.

**Recalling and Keeping in mind to provoke the new way of thinking; God goes before you, He is with wherever you go and He will never leave or forsake you:*

Deuteronomy 31:8 (NKJV) ⁸ And the LORD, *He is the One* who goes before you. He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed.”

**Recalling and Keeping in mind to provoke the new way of thinking: God`s promise to be with you in all trouble and peril you encounter and promises you will not be overtaken in any calamity that befalls you to provoke the new way of thinking:*

Isaiah 43:2 (NKJV) ² When you pass through the waters, *I will be* with you; And through the rivers, they shall not overflow you. When you walk through the fire, you shall not be burned, Nor shall the flame scorch you. Ref; Joshua 21:45

Summation of... WHAT WE SHOULD BE THINKING ABOUT IN THE NEW WAY/HABIT OF THINKING :

Philippians 4:8 (KJV) ⁸ Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

True; Jeremiah 10:10 (NKJV) ¹⁰ But The LORD is The true God; *He is the living God and the everlasting King. At His wrath the earth will tremble, And the nations will not be able to endure His indignation.

**Honest; Proverbs 16:11 (NKJV) ¹¹ Honest weights and scales *are* the LORD`s; All the weights in the bag *are* His work.*

Numbers 23:19 (NKJV) ¹⁹ “God *is not a man, that He should lie, Nor a son of man, that He should repent. Has He said, and will He not do? Or has He spoken, and will He not make it good?*

**Just; Psalms 89:14 (KJV) “Righteousness and justice are the foundation of your throne; steadfast love and faithfulness go before you”*

Deuteronomy 32:4(KJV) “He is the Rock, his works are perfect, and all his ways are just. A faithful God who does no wrong, upright and just is he”

Pure;* **1 John 3:2-3(NKJV) ² Beloved, now we are children of God; and it has not yet been revealed what we shall be, but we know that when He is revealed, we shall be like Him, for we shall see Him as He is.³ And everyone who has this hope in Him purifies himself, just as He is pure.

Psalm 19:8 (NKJV) ⁸ The statutes of the LORD *are* right, rejoicing the heart; The commandment of the LORD is pure, enlightening the eyes;

Psalm 12:6 (NKJV) ⁶ The Words of the LORD are pure words, Like silver tried in a furnace of earth, Purified seven times.

Lovely;* **Song of Solomon 5:16 (KJV) ¹⁶ His mouth is most sweet: yea, he is altogether lovely. This is my beloved, and this is my friend, O daughters of Jerusalem.

Psalm 84:1(AMP) How lovely are Your dwelling places, O LORD of hosts!

Good report;* **Proverbs 15:30(NKJV) The light of the eyes rejoices the heart And a good report makes the bones healthy.

Luke 2:10-11 (KJV)¹⁰ And the angel said unto them, Fear not: for, behold, I bring you good tidings/report of great joy, which shall be to all people.¹¹ For unto you is born this day in the city of David a Saviour, which is Christ the Lord.

Isaiah 53:1(NKJV) Who has believed our good report? *(the coming of The Messiah)* And to whom has the arm of the LORD been revealed?

John 14:28-29 (NKJV) Jesus` good report ²⁸ You have heard Me say to you, ‘I am going away and coming *back* to you.’ If you loved Me, you would rejoice because I said, ‘I am going to the Father,’ for My Father is greater than I. ²⁹ “And now I have told you before it comes, that when it does come to pass, you may believe.

Numbers 14:6-7 (NKJV)⁶ Joshua son of Nun and Caleb son of Jephunneh, who were among those who had explored the land, tore their clothes ⁷ and said to the entire Israelite assembly, “The land we passed through and explored is exceedingly good.

**Virtue; The biblical definition of virtue; The habitual disposition and practice of moral duties from sincere love to God and His laws.*

**The source of power to live a virtuous life is from God Himself:*

2Peter 1:3(KJV) 1a.)According as God`s divine power hath given unto us all things that *pertain* unto life and godliness, b.) through the knowledge of Him c.) that hath called us to glory and virtue: d.)⁴ Whereby are given unto us exceeding great and precious promises: e.) that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.

1.) *In vs.1a; What has God`s divine power given us?*

2.) *In vs.1b; How do we receive these things given to us by God`s divine power?*

3.) *In vs.1c; What has God called us to?*

4.) *In vs.1d; What is given to us if we follow the call?*

5.) *Invs.1e; What do we benefit by these things given to us following the call?*

**Building on and producing more virtue based fruit:*

2 Peter 1:5-7 (NKJV) ⁵ But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge,⁶ to knowledge self-control, to self-control perseverance, to perseverance godliness, ⁷ to godliness brotherly kindness, and to brotherly kindness love.

Gal 5:22-24

**Praiseworthy; Psalm 145:3 (NKJV)³ Great is the LORD, and greatly to be praised*

Psalm 106:1(NKJV) Praise the LORD! Oh, give thanks to the LORD, for *He is good!* For His mercy *endures* forever.

Psalm 63:3 (NKJV) ³ Because Your lovingkindness *is* better than life, My lips shall praise You.

Psalm 150:2 (NKJV) ² Praise him for his acts of power; praise him for his surpassing greatness.

**The effect of keeping your mind fixed and stayed on God and His ways:*

Isaiah 26:3 (NKJV) ³ You (God) will keep *him* in perfect peace, *Whose mind is stayed on You, Because he trusts in You.*

1.) *Who will God keep in perfect peace?*

2.) *Why does that person experience perfect peace?*

**Remember the battle with sin and the old man/woman way of thinking starts in our minds:*

2 Corinthians 10:4-6 (NKJV) ⁴ For the weapons of our warfare *are not carnal but mighty in God for pulling down strongholds, ^{5a} casting down arguments and every high thing that exalts itself against the knowledge of God, b.) bringing every thought into captivity to the obedience of Christ, ^{6a} and being ready to punish all disobedience b.) when your obedience is fulfilled.*

1.) *In vs.5a; What is the source of strongholds?*

2.) *In vs.5b; How are we to come against these strongholds?*

3.) *In vs.6a; What are these strongholds considered?*

4.) *In vs.6b; How are these strongholds of disobedience cast down?*

Exhortation: God`s call to sobriety:

1 Peter 1:13 (NKJV) ¹³ Therefore gird up the loins of your mind, be sober, and rest *your* hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;

1 Peter 5:8 (NKJV) ⁸ Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

1 Peter 4:7 (NKJV) ⁷ But the end of all things is at hand: be ye therefore sober, and watch unto prayer.