

Ephesians 4:22-24 (AMP) ^{22a} that, regarding your previous way of life, you **put off your old self** ;completely discard your former nature, ^b which is being corrupted through deceitful desires, ²³ and be *continually* renewed in the spirit of your mind having a fresh, untarnished mental and spiritual attitude, ²⁴ and put on the new self; the regenerated and renewed nature, created in God's image, in the righteousness and holiness of the truth; living in a way that expresses to God your gratitude for your salvation.

1.) *In vs.22a; What is our old self referred to or regarded as?*

2.) *In vs.22b; What is the nature/state of the old self?*

3.) *In vs.23; What is our instruction in preparation to put on the new self?*

4.) *In vs.24; what is the nature of the new self?*

**God wants us to understand that when we receive Jesus as our Lord and Savior, God The Father, Jesus Christ and The Holy Spirit comes and dwells in our hearts and we become "put on" God's temple:*

Revelation 3:20 (NKJV) Behold, I stand at the door and knock. If anyone hears My voice and opens the door, **I will come in to him and dine with him, and he with Me.**

John 14:23 (NKJV) ²³ Jesus answered and said to him, "If anyone loves Me, he will keep My word; and My Father will love him, and **We will come to him and make Our home with him.**

1 Corinthians 3:16 (NKJV) Do you not know that **you are the temple of God** and *that* **The Holy Spirit of God dwells in you?**

**God purchased us with the blood of Jesus Christ at His death on the cross, and we no longer have ownership “put off” of our bodies :*

1 Corinthians 6:19-20 (AMP) ¹⁹ Do you not know that your body is a temple of The Holy Spirit who is within you, whom you have received as a gift from God, and that you are not your own property ? ²⁰ You were bought with a price; purchased with the precious blood of Jesus and made His own. So then, honor *and* glorify God with your body.

1.) What was the gift given to us by God?

2.) What was the purchased price for that gift?

**Therefore because we are a purchased possession of God, it is reasonable for God to ask and expect us to glorify Him in our bodies;*

Romans 12:1-2(NKJV) ¹ I beseech you therefore, brethren, ^aby the mercies of God, ^bthat you present your bodies a living sacrifice, holy, acceptable to God, *which is* your reasonable service. ² And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God.

1.) In vs.1a; What is the basis of the urgent request beseeching us to present our bodies a living sacrifice to God?

2.) In vs.1b; What do you think “that you present your bodies a living sacrifice, holy, acceptable to God” refers to?

3.) Why is it our reasonable service?

4.) In vs.2: How can we prove and be certain of what is that good and acceptable and perfect will of God?

**God`s instruction for maintaining His temple within you:*

Romans 6:13 (AMP) ^{13a} Do not go on offering members of your body to sin as instruments of wickedness. ^bBut offer yourselves to God in a decisive act as those alive; raised from the dead to a new life, and your members ;all of your abilities sanctified, set apart as instruments of righteousness yielded to God.

1.) *In vs.13a; What are the things we should not be doing?*

2.) *In vs.13b; What are the things we should be doing?*

**The proper perspective and response in understanding What God did for us through Jesus Christ crucified:*

Galatians 2:20 (NKJV) ²⁰ I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

2 Corinthians 5:14-15 (AMP) ¹⁴ For the love of Christ controls *and* compels us, because we have concluded this, that One died for all, therefore all died; ¹⁵ and He died for all, so that all those who live would no longer live for themselves, but for Him who died and was raised for their sake.

**In Galatians 2:20 and 2 Corinthians 5:14-15; What is the common factor that should motivate us to live this way?*

**God`s warning never to put back on the filthy clothes of the old self:*

1 Peter 1:14-16 (AMP) ¹⁴ [Live] as obedient children [of God]; do not be conformed to/put back on the evil desires which governed you in your ignorance before you knew the requirements and transforming power of the good news regarding salvation. ¹⁵ But like the Holy One who called you, be holy yourselves in all your conduct [be set apart from the world by your godly character and moral courage]; ¹⁶ because it is written, “YOU SHALL BE HOLY (set apart), FOR I AM HOLY.” Reference Hebrews 10:38

**Remember what Jesus “put off” and “put on” that we might be saved to keep yourself sober in your perspective and thinking:*

Philippians 2:6-8 (NKJV) ⁶ who, being in the form of God, did not consider it robbery to be equal with God, ⁷ but made Himself of no reputation, taking the form of a bondservant, *and* coming in the likeness of men. ⁸ And being found in appearance as a man, He humbled Himself and became obedient to *the point of death*, even the death of the cross.

1.) What other scriptures can we bring to remembrance what Jesus Christ “put off” and “put on” for our sakes and for our salvation?

**God`s warning never to attach any part of our members of Christ to a prostitute or to prostitute our members out to any form of addiction:*

1 Corinthians 6:15-16 (AMP) ¹⁵ Do you not know that your bodies are members of Christ? Am I therefore to take the members of Christ and make them part of a prostitute *or drugs or alcohol or pornography or etc....?* Certainly not! ¹⁶ Do you not know that the one who joins himself to a prostitute *or anything we prostitute ourselves over to* is one body with her *or those things we prostitute and attach ourselves to in addiction?* For He says, “THE TWO SHALL BE ONE FLESH.”

1.) What does the two shall be one flesh refer to?

2.) What can we say we are committing when we join ourselves to something outside of our relationship with Jesus Christ?

**God`s warning of destruction to the one who defiles His temple residing in those who are saved:*

1 Corinthians 3:17 (NKJV) ¹⁷ If anyone defiles the temple of God *in any way*, God will destroy him. For the temple of God is holy, which *temple* you are.

1.) What is the result of defiling the temple of God?

**Practical application and reflection for putting on Christ:*

2 Corinthians 5:17 (AMP) ¹⁷ Therefore if anyone is in Christ , *he is* a new creature reborn and renewed by the Holy Spirit; the old things , the previous moral and spiritual condition have passed away; “*put off*” Behold, new things have come “*put on*”.

Romans 13:14 (NKJV) ¹⁴ But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts.

Galatians 3:26-27 (NKJV) ²⁶ For you are all sons of God through faith in Christ Jesus. ²⁷ For as many of you as were baptized into Christ have put on Christ.

** Habits must not only be broken; they need to be replaced with new ones. Just as it took you a while to develop bad habits, it is going to take some time to establish good habits to replace the bad ones. The Word of God calls this “putting off and putting on”. God wants us to replace the old destructive habits with new productive ones:*

Colossians 3:8-10 (NKJV) ⁸ But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth. ⁹ Do not lie to one another, since you have put off the old man with his deeds, ¹⁰ and have put on the new *man* who is renewed in knowledge according to the image of Him who created him,

1.) *What five things does Colossians 3:8-9 tell us to put off, and one thing not to do?*

Colossians 3:12 (NKJV) ^{12a} Therefore, as *the* elect of God, holy and beloved, ^b put on tender mercies, kindness, humility, meekness, longsuffering;

1.) *In vs.12a; what five things are we instructed to put on?*

2.) *In vs.12a; In putting these things on, what are we to bear in mind?*

Colossians 3:13 (NKJV) ¹³ bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also *must do*.

1.) *In vs.13; How are we instructed to behave in the new character in Christ?*

**Love is above all or over all in importance/premminence in the things God instructs us to “put on”; It should be above all in our attitude, motive, intention and desire:*

Colossians 3:14 (NKJV) ¹⁴ But above all these things put on love, which is the bond of perfection.

**God is love/love is of God*

1 John 4:7 (NKJV) ⁷ Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God. ⁸ He who does not love does not know God, for God is love.

**Loving God is the first and greatest commandment*

Matthew 22:37-39 (NKJV) ³⁷ Jesus said to him, “You shall love the LORD your God with all your heart, with all your soul, and with all your mind.” ³⁸ This is the first and great commandment. ³⁹ And *the second is like it*: ‘You shall love your neighbor as yourself.’ Reference: 1John 2:5

**God showed the depth of His love for us by sacrificing His most precious only begotten Son, Jesus Christ in place of us that we might have eternal life:*

John 3:16 (NKJV) ¹⁶ For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

**God`s love for us should provoke us to love Him:*

1 John 4:19 (NKJV) ¹⁹ We love Him because He first loved us.

** We should be loving one another the way God loved us:*

1John 4:11(NKJV) ¹¹ Beloved, if God so loved us, we also ought to love one another. *1 john 4:12-13*

** We should imitating The pattern of love shown to us by Jesus Christ:*

1 John 3:16 (NKJV) ¹⁶ By this we know love, because He laid down His life for us. And we also ought to lay down *our* lives for the brethren.

**Loving in the way that will promote unity and peace:*

Ephesians 4:2-3 (NKJV) ^{2a} with all lowliness and gentleness, with longsuffering, bearing with one another in love, ³ endeavoring to keep the unity of the Spirit in the bond of peace.

1.) in vs.2a; What are the attributes that will lead us to bear with one another in love?

**Having fervent love for one another:*

1 Peter 4:8 (NKJV) ⁸ And above all things have fervent love for one another, for “love will cover a multitude of sins:

1.) what is the effect of fervent love for one another?

**Practical application:*

1 John 5:3 (NKJV) ³ For this is the love of God, that we keep His commandments. And His commandments are not burdensome.

2 John 6 (NKJV) ⁶ This is love, that we walk according to His commandments. This is the commandment, that as you have heard from the beginning, you should walk in it.

John 15:10 (NKJV) ¹⁰ If you keep My commandments, you will abide in My love, just as I have kept My Father’s commandments and abide in His love.

1 Corinthians 16:14 (NKJV) ¹⁴ Let all *that* you *do* be done with love.