

One Step to Freedom Chapter 2: Initial Restoration

Lesson 2 GOD'S REMEDY FOR MAN'S PROBLEM

Our problem is spiritual in nature. It is incorrect to think that you sin because of your genes, or a mental illness, or a disease of any kind.

**We are born in a physical body of flesh:*

John 3:6 (AMP) That which is born of the flesh is flesh [the physical is merely physical], and that which is born of the Spirit is spirit.

**In our physical body of flesh we have inherited sin and a sinful nature:*

Romans 5:12 (AMP) Therefore, just as sin came into the world through one man; Adam, and death through sin, so death spread to all people no one being able to stop it or escape its power, because they all sinned.

**Our flesh with it's sinful nature is contrary and opposite to the nature of The Holy Spirit of God . They have completely different motives, intention and desires:*

Galatians 5:17 (AMP) ¹⁷ For the flesh with it's sinful nature has its desire which is opposed to the Spirit, and the desire of the Holy Spirit opposes the sinful nature; for these two natures are in direct opposition to each other continually in conflict, so that you as believers do not always do whatever good things you want to do.

**The motive and intention of the flesh with it's sinful nature:*

Ephesians 2:3(NKJV) among whom also we all once conducted ourselves in the lusts of our flesh, a.) fulfilling the desires of the flesh and of the mind, b.) and were by nature children of wrath, just as the others.

1.) *In vs.3a; What is the the motive and intention of our flesh?*

2.) *In vs.3b; What are we considered when we conduct ourselves according to our flesh?*

**The outworking and manifestation of the desires of the flesh with it's sinful nature:*

Galatians 5:19-21(KJV) ¹⁹ Now the *works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness,²⁰ Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,²¹ Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God. **Strong's 2041 /érgon *works are actions/deeds that carry out an inner desire*

**Our flesh is corrupt in nature:*

Galatians 6:8a (NKJV) For he who sows/lives to his flesh will (by the nature) of the flesh reap corruption,

**Our flesh is incapable of doing good:*

Romans 7:18 (AMP) For I know that nothing good dwells within me, in my flesh. I can will to do what is right, but I cannot perform it. *I have the intention and urge to do what is right, but in the flesh I have no power to carry it out.*

**The flesh is hostile towards God:*

Romans 8:7-8 (AMP) ⁷ the mind of the flesh is actively hostile to God. It does not submit itself to God's law, since it cannot, ⁸ and those who are in the flesh living a life that caters to sinful appetites and impulses cannot please God.

1.) *What are the 3 attributes of the flesh listed in these verses?*

**We are physically alive in our flesh, but dead to The Holy Spirit of God:*

Ephesians 2:1(AMP) And you *believers* He made alive when you were spiritually dead *and* separated from Him because of your transgressions and sins,

**The flesh cannot understand or receive the things of The Spirit:*

1 Corinthians 2:14 (NKJV) But the natural man in his flesh does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know *them*, because they are spiritually discerned.

1.) *Why can the natural man in his flesh receive or know the things of The Spirit of God?*

2.) *What does the natural man in his flesh consider the things of The Spirit of God?*

**In the flesh, sin and it's sinful nature bear fruits that lead to death and separation from God now and eternally.*

Romans 7:5 (AMP) When we were/are *living* in the flesh, the sinful passions, which were awakened by that which the Law identifies as sin, were at work in our body/members to bear fruit for death and separation from God.

1.) *What is The Law that identifies sin?*

**The flesh cannot inherit the kingdom of God:*

1 Corinthians 15:50 (KJV) Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; neither doth corruption inherit incorruption.

**These are hard truths to accept, but we cannot blame our problems on our circumstances. It is in our inherited adam/flesh nature to instinctively shift blame:*

**Genesis 3:11-13(NKJV)¹¹ And He said, “Who told you that you *were* naked? Have you eaten from the tree of which I commanded you that you should not eat?”¹² Then the man said, “The woman whom You gave *to be* with me, she gave me of the tree, and I ate.”¹³ And the LORD God said to the woman, “What *is* this you have done?”
”The woman said, “The serpent deceived me, and I ate.”**

** Blameshifting cannot heal our sinful condition. God`s Word clearly tells us we alone are responsible for what we do:*

James 1:14 (AMP) But each one is tempted when he is dragged away, enticed and baited to commit sin by his own worldly desire, lust, passion.

**Everyone will be judged, held accountable and sentenced for their own actions before God and we have no one to blame but ourselves:*

Deuteronomy 24:16 (AMP) “The fathers shall not be put to death for the sins of their children, nor shall the children be put to death for their fathers; only for his own sin shall anyone be put to death.

**Where you spend an eternity depends on whether or not your name is written in the book of life;*

Revelation 21:27 (NKJV)²⁷ But there shall by no means enter *into* it (*The new Jerusalem*) anything that defiles, or causes an abomination or a lie, but only those who are written in the Lamb`s Book of Life.

**The fate of those whose name is not written in the book of life:*

Revelation 20:15 (NKJV)¹⁵ And anyone not found written in the Book of Life was cast into the lake of fire.

**What does the bible call being cast into the lake of fire?*

**Now that we understand the problem we have as human beings, lets look at God`s remedy for our problem:*

Because of our earthly/flesh life source inherited from Adam, with it`s sinful inclinations of depravity and deadness, we need freedom from the power that sin has over our lives. Our need then is to get a new spiritual life source, not merely a modified behavior, but a new spiritual nature no longer enslaved to sin.

John 3:3-4 (AMP) ³ Jesus answered him, “I assure you *and* most solemnly say to you, unless a person is born again ; reborn from above; spiritually transformed, renewed and sanctified, he cannot ever see *and* experience the kingdom of God.”

⁴ Nicodemus said to Him, “How can a man be born when he is old? He cannot enter his mother’s womb a second time and be born, can he?” ⁵ Jesus answered, “I assure you *and* most solemnly say to you, unless one is born of water and the Holy Spirit, a *Spiritual cleansing which brings renewal,* he cannot ever enter the kingdom of God. ⁶ That which is born of the flesh is flesh , and that which is born of the Spirit is spirit.

**That new birth can only come by faith in Jesus Christ and the power of The Holy Spirit of God:*

John 1:12-13 (AMP) ¹² But to as many as did received Him; Jesus Christ, He gave the right to become children of God, *that is,* to those who believe in His name; ¹³ who were born, not of blood; human conception, nor of the will of the flesh [physical impulse], nor of the will of man ;that of a natural father, but of God; a divine and supernatural birth; they are born of God, spiritually transformed, renewed, sanctified.

**We are born again by The power of The Holy Spirit through faith in Jesus Christ:*

Titus 3:5-6 (AMP) ⁵ God saved us, not because of any works of righteousness that we had done, but because of His own grace *and* mercy, by the cleansing water of the new birth (regeneration) and renewing of the Holy Spirit,⁶ Which He poured out so richly upon us through Jesus Christ our Savior.

**It is the Holy Spirit that gives new life:*

John 6:63 (NKJV) ⁶³ It is the Holy Spirit who gives life; the flesh profits nothing. The words that I speak to you are Spirit, and *they* are life.

**Jesus Christ was made alive by the Holy Spirit;*

1 Peter 3:18 (NKJV) ¹⁸ For Christ also suffered once for sins, the just for the unjust, that He might bring us to God, being put to death in the flesh but made alive by the Holy Spirit.

**the indwelling Holy Spirit brings new life:*

Romans 8:11(NKJV) ¹¹ But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give *new* life to your mortal bodies through His Spirit who dwells in you.

**That new life giving Holy Spirit comes only through faith in Jesus Christ:*

Romans 8:2 (AMP) ² For the law/covenant of the Spirit of life which is in Christ Jesus the law of our new being has freed me from the law/covenant of sin and of death.

**It is the power of The Holy Spirit that makes us free from sin and death:*

2 Corinthians 3:17 (AMP) ¹⁷ Now the Lord is the (Holy) Spirit, and where the (Holy) Spirit of the Lord is, there is liberty/freedom; deliverance from bondage *of sin*.

**Jesus Christ was anointed and empowered by The Holy Spirit and set people free in His life and in His death- remember Romans 8:11*

Luke 4:18-19 (AMP) ¹⁸ (*Jesus speaking in the temple*) “THE SPIRIT OF THE LORD IS UPON ME, BECAUSE HE HAS ANOINTED ME TO PREACH THE GOOD NEWS TO THE POOR. HE HAS SENT ME TO ANNOUNCE RELEASE pardon, forgiveness TO THE CAPTIVES AND PRISONERS (*OF SIN*) , AND RECOVERY OF SIGHT TO THE BLIND, TO SET FREE THOSE WHO ARE OPPRESSED,¹⁹ TO PROCLAIM THE FAVORABLE YEAR OF THE LORD [the day when salvation and the favor of God abound greatly].”

The blessings bestowed upon and imparted to those who are born again of The Spirit of God:

- We become a new person:

2 Corinthians 5:17 (KJV) Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

-We receive a new identity:

Galatians 2:20 (NKJV) ²⁰ I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the *life* which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

-We receive a new spiritual nature:

Ephesians 4:24 (AMP) And put on the new nature; the regenerated new man, created in God's image, in true righteousness and holiness.

-The new nature is divine nature with precious promises:

2 Peter 1:3-4 (NKJV)³ As His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him; (*Jesus Christ*) who called us by glory and virtue, ⁴ by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption *that is* in the world through lust.

-How that new spiritual nature manifest itself:

Galatians 5:22-23 (NKJV) ²² But the fruit (*borne and manifested*) of/by the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, ²³gentleness, self-control. Against such there is no law.

-We become children in the family of God The Father:

John 1:12-13 (NKJV) ¹² But as many as received Jesus Christ, to them He gave the right to become children of God, to those who believe in His name:¹³ who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

1.) *According to this verse who is considered or has the right to be a child of God?*

**We become heirs and co-heirs:*

Romans 8:17 (NKJV) and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with *Him*, that we may also be glorified together.

1.) *What is the condition/instruction of being heirs and co-heirs in this verse?*

**We receive a new inheritance:*

Ephesians 1:11 (NKJV) ¹¹ In Him; Jesus Christ also we have obtained an inheritance, being predestined according to the purpose of Him; God who works all things according to the counsel of His will, *1timothy 2:3-4-God's will

**The inheritance we receive:*

John 10:27-28 (KJV) *Jesus speaking*; ²⁷ My sheep hear my voice, and I know them, and they follow me:²⁸ And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.

**The guarantee of our inheritance:*

Ephesians 1:13-14 (NKJV) ¹³ In Him; *Jesus Christ* you also *trusted*, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with The Holy Spirit of promise, ¹⁴ who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory.

1.) *What is the redemption of the purchased possession referring to?*

**The attributes of that inheritance:*

1 Peter 1:4 (KJV) (*born again*) **To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you,**

**We receive a new citizenship:*

Ephesians 2:19 (KJV) ¹⁹ Now therefore ye are no more strangers and foreigners, but fellow citizens with the saints, and of the household of God;

Philippians 3:20 (NKJV) ²⁰ For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ,

**The correct perspective of our new citizenship:*

Matthew 6:19-21(KJV) ¹⁹ Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:²⁰ But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: ²¹ For where your treasure is, there will your heart be also.

1.) *In vs.19; What happens to the treasures we lay up on this earth?*

2.) *In vs.20; What doesn't happen to the treasures we lay up in heaven?*

3.) *In vs.21; What is affected in regards to where we lay our treasures?*

4.) *Do you have a heavenly perspective or an earthly perspective?*

5.) *Are you living like a citizen of this earth or as a citizen of heaven?*

**Summation:*

1 Corinthians 15:22(KJV) For as in Adam all die, even so in Christ shall all be made alive.

1 Corinthians 15:45 (NKJV) ⁴⁵ And so it is written, “The first man Adam became a living being.” The last Adam *became* a life-giving spirit.

**Who is your head? Are you “in Adam” or “in Christ”? In Adam, you are under the power of sin. In Jesus Christ, you are liberated from sin. The choice is your*

Worksheet:

1. *Who are “in Adam” and who are “in Christ”?”*

2. *Is your addiction physical, mental, or spiritual in nature? Explain.*

3. *When Adam sinned, what happened to his relationship with God?*

4. *What is the remedy for man’s condition? See John 3:7.*

5. *Why must a person be born again? Refer to 1 Corinthians 2:14.*

6. *How can a person be free from an addiction—or any sin—and live righteously forever? Write out 2 Corinthians 5:17.*

**God’s remedy and cure for man’s problem:*

John 3:16-17 (KJV) ¹⁶ For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting

life.¹⁷ For God sent not his Son into the world to condemn the world; but that the world through him might be saved.

Declarations of our new Identity in Christ

One of the most practical ways we can renew our minds (Romans 12:2) is by regularly speaking and agreeing with God's Word. Use this resource to renew your mind around who you are in Christ. Speak it out loud if you can while thanking the Lord and agreeing with Him about who He says you are. While not completely comprehensive, this list is a great place to start – God has a lot to say about how He sees us!

I AM ACCEPTED IN CHRIST

- *I am a child of God (John 1:12)*
- *I am Jesus' friend (John 15:15)*
- *I am no longer a slave, but a son/daughter (Galatians 4:5-7)*
- *I have been adopted as a son/daughter (Romans 8:15; Ephesians 1:5)*
- *I am a son/daughter of God and he is my Father (Romans 8:14-15; Galatians 3:26; 4:6)*
- *I am an heir of God – a joint heir with Christ, sharing his inheritance with him (Galatians 4:6-7; Romans 8:17)*
- *I am united with the Lord and am one in spirit with him (1 Corinthians 6:17)*
- *I am saved by grace through faith and not of my works – I have nothing to boast about before God (Ephesians 2:8-9)*
- *I have peace with God, and am reconciled to him (2 Corinthians 5:18-19)*
- *I am loved by Jesus and freed from my sins by his blood (Revelation 1:5)*
- *I have been forgiven of all my sin (Colossians 2:13)*
- *I have been washed, sanctified, and justified in the name of Jesus by the Holy Spirit (1 Corinthians 6:11)*
- *I am a slave of God and a slave to righteousness (Romans 6:18-19, 22)*
- *I am a fellow citizen with the rest of God's family (Ephesians 2:19)*
- *I am a partaker of Christ; I share in his life (Hebrews 3:14)*
- *I am one of God's living stones, being built up in Christ as a spiritual house (1 Peter 2:5)*
- *I have been bought with a price and I belong to God (1 Corinthians 6:20)*
- *I am dead to sin and alive to God (Romans 6:11)*
- *I am a new creation – the old is gone, the new has come (2 Corinthians 5:17)*

- *I am a saint (1 Corinthians 1:2; Ephesians 1:1; Philippians 1:1; Colossians 1:2)*
- *I am righteous and holy (Ephesians 4:24)*
- *I have been justified (Romans 5:1)*
- *I have direct access to God through the Holy Spirit (Ephesians 2:18)*
- *I have been redeemed and forgiven of all my sins (Colossians 1:14)*
- *I am complete in Christ and have all I need (Colossians 2:10)*

I AM SECURE IN CHRIST

- *I am free forever from condemnation (Romans 8:1-2)*
- *I am never left alone or forsaken (Hebrews 13:5)*
- *I am hidden with Christ in God (Colossians 3:3)*
- *I have been established, anointed, and sealed by God (2 Corinthians 1:21-22)*
- *I have been delivered from the domain of darkness and transferred into the Kingdom of Jesus (Colossians 1:13)*
- *God's divine power has given me everything I need for a godly life (2 Peter 1:3)*
- *I can resist the devil and he will flee from me (James 4:7)*
- *God has given me spiritual weapons and spiritual armor that are mighty through God to destroy enemy strongholds (Ephesians 6:12-18; 2 Corinthians 10:4-5)*
- *I am strong in the Lord and in the strength of his might (Ephesians 6:10)*
- *I can stand firm against every scheme of the devil (Ephesians 6:11)*
- *I am confident that the work God started in me he will see through to completion (Philippians 1:6)*
- *I have victory through Christ (1 Corinthians 15:57)*
- *I am more than a conqueror – overwhelming victory is mine in Jesus (Romans 8:37)*
- *I have overcome the world (1 John 5:4)*
- *I overcome the enemy by the blood of the Lamb and the word of my testimony (Revelation 12:11)*
- *Greater is he who is in me than he who is in the world (1 John 4:4)*
- *I have not been given a spirit of fear, but of power, love and self-discipline (2 Timothy 1:7)*
- *I am born of God and the evil one cannot touch me (1 John 5:18)*
- *My name is written in heaven & I have authority to trample over every power of the enemy so that nothing shall hurt me (Luke 10:19-20)*
- *I can find grace and mercy in my time of need, coming before God with confidence (Hebrews 4:16)*
- *I am assured that all things work together for my good (Romans 8:28)*

- *I am free from any condemning charges against me because God is for me (Romans 8:31-34)*
- *I am constantly being prayed for according to the perfect will of God by Jesus (Romans 8:34; Hebrew 7:25)*
- *I cannot be separated from the love of God that is in Jesus (Romans 8:35-39)*
- *I can do all things through Christ who strengthens me (Philippians 4:13)*
- *I am confident that the good work God has started in me he will see through to completion (Philippians 1:6)*

I AM SIGNIFICANT IN CHRIST

- *I am a minister of reconciliation for God (2 Corinthians 5:17-21)*
- *I am the salt of the earth (Matthew 5:13)*
- *I am the light of the world (Matthew 5:14)*
- *I am chosen by God, holy and dearly loved (Colossians 3:12; 1 Thessalonians 1:4)*
- *I am a member of Christ's Body and have a unique role to play in the Church (1 Corinthians 12:27; Ephesians 5:30)*
- *I am seated in the heavenly places with Jesus (Ephesians 2:6)*
- *I am a temple – a dwelling place of God. His Spirit and His life dwells in me (1 Corinthians 6:19)*
- *I am God's co-worker (1 Corinthians 3:9; 2 Corinthians 6:1)*
- *I have been purchased with the imperishable and precious blood of Jesus (1 Peter 1:19)*
- *I can approach God with freedom, confidence, and boldness through Jesus (Ephesians 3:12; Hebrews 4:16)*
- *I am a child of light, not of darkness (1 Thessalonians 5:5)*
- *I am a member of a chosen race, a royal priesthood, a holy nation, God's special possession (1 Peter 2:9-10)*
- *I have been chosen and appointed to bear fruit, fruit that will last (John 15:16)*
- *I have received all of God's promises in Jesus Christ (2 Corinthians 1:20)*
- *I am God's workmanship, created to do good works (Ephesians 2:10)*
- *I am a partaker of God's divine nature (2 Peter 1:4)*
- *I was chosen by God before the creation of the world (Ephesians 1:4)*
- *I am an expression of the life of Christ because He is my life (Colossians 3:4)*
- *I am a holy partaker in a heavenly calling (Hebrews 3:1)*
- *I am a branch of the true vine, a channel of His life to others (John 15:1, 5)*